



**Dr. Arjunsinh Rana**  
Vice Chancellor

માનનીય સાહેબશ્રી

જિલ્લા શિક્ષણાધિકારી કચેરી
અમરેલી
આવક ક્રમાંક: 1965
જન્મસ્થળ ગામ: ચોમા
તારીખ: 14/09/2021
તરીકે: ડા



તા.06/06/2021

જાવક નં./એસ.જી.સે.યુ./1965/2021

વિષય : દેશભરની શાળાઓ માં ફિટ ઇન્ડિયા ક્વિઝ ફોર સ્કૂલ (સપ્ટેમ્બર 2021) યોજવા બાબત

એ બાબત સુવિદિત છે કે આપણા માનનીય વડાપ્રધાન શ્રી નરેન્દ્રભાઈ મોદીજીએ 29/08/2019 ના રોજ ભારતના નાગરિકોની સામાન્ય શારીરિક તથા માનસિક તંદુરસ્તી માટે ફિટ ઇન્ડિયા મૂવમેન્ટ શરૂ કરી છે. માનનીય વડાપ્રધાન શ્રી નરેન્દ્રભાઈ મોદીજીના "હમ ફિટ તો ભારત ફિટ" ના સૂત્રને સાર્થક કરવા માટે ગુજરાતના દરેક જિલ્લા, તાલુકા, શહેર અને ગામના દરેક નાગરિક તંદુરસ્તી અને સશક્ત જીવનશૈલીને પોતાના જીવનનો ભાગ બનાવે તે અત્યંત આવશ્યક છે.

ભારત સરકારના યુવા કાર્યક્રમ અને ખેલ મંત્રાલય હેઠળના રમત ગમત વિભાગ દ્વારા દેશભરમાં વ્યક્તિગત તંદુરસ્તીને પ્રોત્સાહન આપવા માટે ફિટ ઇન્ડિયા મૂવમેન્ટના નેજા હેઠળ અનેક પ્રવૃત્તિઓ અને ઝુંબેશની યોજના બનાવી છે. આ યોજનામાં ફિટ ઇન્ડિયા ટીમ વિષયક અભિયાન-"ફિટનેસ કા ઝોજ - આઘા ઘંટા રોજ", ફીટ ઇન્ડિયા સ્કૂલ ક્વિઝનો (સપ્ટેમ્બર 2021) સમાવેશ કરવામાં આવ્યો છે. છે. આ રાષ્ટ્રીય કક્ષાની પ્રથમ ક્વિઝ છે જે શાળાઓ અને વિદ્યાર્થીઓને કુલ મળીને રૂ.3.25 કરોડનું રોકડ પુરસ્કાર આપશે.

ફિટ ઇન્ડિયા ક્વિઝના ચાર રાઉન્ડમાં યોજવામાં આવશે:

- **શાળા રાઉન્ડ:** પ્રારંભિક રાઉન્ડ માટે વિદ્યાર્થીઓની નોંધણી શાળા દ્વારા હાથ ધરવામાં આવશે. (રજીસ્ટ્રેશન 1 સપ્ટેમ્બર થી 30 સપ્ટેમ્બર 2021 સુધી - મિનિમમ 2 વિદ્યાર્થી/શાળા - Rs.250/- રજીસ્ટ્રેશન ફી/વિદ્યાર્થી - રજીસ્ટ્રેશન લિંક <https://fitindia.gov.in>).
- **પ્રારંભિક રાઉન્ડ:** રાષ્ટ્રીય પરીક્ષણ એજન્સી (NTA) દ્વારા 13 ભાષાઓમાં મલ્ટિપલ ચોઈસ દ્વારા ઓનલાઇન લેવામાં આવશે. (26 ઓક્ટોબર 2021 થી - 84 મિનિટ/94 MCQ સવાલ)
- **રાજ્ય રાઉન્ડ:** પ્રારંભિક રાઉન્ડ પછી ક્વોલિફાઇ થયેલ સ્કૂલોમાં ફિટ ઇન્ડિયા મિશન થકી દરેક રાજ્ય / કેન્દ્રશાસિત કેન્દ્રો દ્વારા હાથ ધરવામાં આવશે. (1 ડિસેમ્બર થી 31 ડિસેમ્બર 2021 સુધી)
- **રાષ્ટ્રીય રાઉન્ડ:** અંતિમ રાઉન્ડ જેમાં દરેક રાજ્ય / કેન્દ્રશાસિત પ્રદેશની વિજેતા ટીમ ભાગ લેશે. (જાન્યુઆરી / ફેબ્રુઆરી 2022)

ફિટ ઇન્ડિયા મૂવમેન્ટના નોડલ ઓફિસર, ગુજરાત રાજ્ય તરીકે, ફિટ ઇન્ડિયા અભિયાનમાં આપના થકી વધુમાં વધુ વિદ્યાર્થીઓ સુધી પહોંચવા માટે હું આપના સમર્થન અને જરૂરી કાર્યવાહી માટે અપિલ કરું છું. વધારે માહિતી માટે Fit India Mission, Ministry of Youth Affairs and Sports, Government of India નો તા.12/06/2021ના પત્રકમાંક: F.No. 19-1/FIT INDIA/QUIZ/2020 બિડાણસહ આ સાથે મોકલી આપવામાં આવેલ છે.

સન્નેહ,

*Rana A. R.*

**Dr. Arjunsinh Rana**  
Nodal Officer, FIT India Movement – Gujarat State

પરીપત્ર નં - 959

ક્રમાંક:યજન/ફીટ ઇન્ડિયા/2021-22  
જિલ્લા શિક્ષણાધિકારી કચેરી,  
અમરેલી, તા.14/06/2021

ઉપરોક્ત પત્રની જાણ તથા અમલ સારૂ.

*U*

જિલ્લા શિક્ષણાધિકારી  
અમરેલી

પ્રતિ,  
આચાર્યશ્રી,  
સરકારી/ગ્રાન્ટેડ/નોન-ગ્રાન્ટેડ  
માધ્યમિક અને ઉ.મા.શાળાઓ તમામ  
જિ.અમરેલી

**FIT  
INDIA**



# Fit India Quiz? ✓!

India's biggest quiz on Fitness and Sports for School children

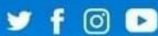


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[fitindia.gov.in](https://fitindia.gov.in)



SPORTS AUTHORITY OF INDIA  
FIT INDIA MISSION

Jawaharlal Nehru Stadium,  
1<sup>st</sup> Floor (Near Ramp No. 5)  
Lodhi Road, New Delhi – 110003  
Email: [contact@fitindia.gov.in](mailto:contact@fitindia.gov.in)  
Dated: 12 /08/2021

F. No. 19-1/FIT INDIA/QUIZ/2020

**CIRCULAR**

**Subject: Fit India School Quiz 2021**

I. In supersession of circular of even number dated 01.06.2021 and corrigendum dated 29.06.2021 on the above-mentioned subject, the revised circular and guidelines regarding Fit India School Quiz is issued as follows:

1. The Fit India Movement was launched in August, 2019 to popularise fitness as a way of life among citizens. Envisioned as a People's Movement, the endeavour has been to inculcate the philosophy that Fitness is Free, Fun and Easy among citizens of all age groups – from school children to senior citizens.
2. In a bid to further reiterate the need to create awareness about fitness and sports among school children, who are the future of India, the Fit India Mission under the aegis of Sports Authority of India, Ministry of Youth Affairs and Sports has decided to launch Fit India Quiz for schools across the country in the month of September, 2021.
3. The objective of the quiz is to provide a National platform for students to showcase their knowledge about fitness and sports, also endeavours in its philosophy to create awareness among students about India's rich sporting history, including centuries-old indigenous sports, our national and regional sporting heroes of the past and how traditional Indian lifestyle activities hold the key to a Fit Life for all.
4. The quiz is the first National-Level Quiz for students which will give out total cash award of Rs 3.25 crore to schools and students.
5. The quiz will also be the first-ever fitness and sports quiz to be telecast on India's one of the largest sport television channels, Star Sports as well as on National TV channel. Students who make it to the national round as representatives of their schools, will therefore get a chance to showcase their talent before entire nation.
6. The four rounds of the quiz will include the following:
  - a. **School Round:** To be conducted by the school to register the school students for the Preliminary Round.
  - b. **Preliminary Round:** To be a multiple-choice online round conducted by the National Testing Agency (India's premiere examination body that conducts national-level exams such as JEE and NEET). The country-wide quiz will be organised in 13 languages for benefit of students studying in regional-medium schools.
  - c. **State Round:** To be conducted by each State/UTs with the support from FIT India Mission amongst Schools qualified after preliminary round. The detailed process



of qualification of the school is described in the annexure. This round will be anchored by a professional quiz master and will be webcast on social media.

d. **National Round:** Final round in which winning team of each State/UT will participate and fight for the TOP TITLE of the National Winner of FIT INDIA QUIZ 2021. First Runner Up and Second Runner Up prizes will also be decided. This will be a grand event to be hosted by Fit India Icon.

More details of Fit India Quiz are attached as Annexure.

- II. It is therefore requested that the Principal Secretary/Secretary in-charge of School Education Department of all State/UT Governments may kindly give necessary publicity and share this information with all schools in the state so that maximum students from the State/UTs participate in this unique programme. It is with the support and active participation of all states/UTs that the Fit India Quiz can become a grand success.
- III. This issues with the approval of Secretary (Sports), Ministry of Youth Affairs and Sports.

-sd-  
(Ekta Vishnoi)  
Mission Director (Fit India)

Encl.: As above

To:

Principal Secretary/Secretary in charge of School Education Department of States/UTs

Copy to:

1. Joint Secretary, D/o School Education and Literacy, Ministry of Education, Government of India
2. Principal Secretary/Secretary in charge of Sports Department of States/UTs
3. The Chairperson, Central Board of Secondary Education
4. The Commissioner, Kendriya Vidyalaya Sangathan
5. The Commissioner, Navodaya Vidyalaya Samiti
6. The Chairperson, Council for the Indian School Certificate Examinations (CISCE)
7. Director in charge of State School Education Boards of States/UTs

Copy also for information to:

1. Sr.PPS to Secretary, D/o School Education and Literacy, Ministry of Education, Govt. of India
2. Sr.PPS to Secretary D/o Sports, Ministry of Youth Affairs and Sports, Govt. of India

(Ekta Vishnoi)  
Mission Director (Fit India)

GUIDELINES FOR FIT INDIA QUIZ

**Preface**

The Fit India Movement was launched by the Hon'ble Prime Minister in August 2019 with a vision of encouraging every Indian citizen to adopt a physically active lifestyle. Ministry of Youth Affairs and Sports (MYAS) is the nodal ministry for implementing the Fit India Movement in coordination with other stakeholders. The aim of Fit India Movement is to encourage the citizens to include physical activity in their daily lives and to showcase the ease of simplicity of doing activities which can make them fit. In a bid to increase awareness about the importance of physical fitness in our daily lives, the Fit India Mission has conceptualised and conducted multiple events and campaigns. Fit India Movement has been able to mark its presence in more than **4 lakhs schools** across the country through Annual Fit India School Week Celebrations and Fit India School certifications.

**Objective**

To further propagate the message of Fit India Movement among the school children and strengthen its presence in schools, a Fit India Quiz has been envisioned to involve school children across the country. Fit India Quiz, while providing a national platform to students to showcase their knowledge about fitness and sports, also endeavours to create awareness among students about India's rich sporting history, including centuries-old indigenous sports, our sporting heroes of the past and how traditional Indian lifestyle activities hold the key to a Fit Life for all.

**Structure of Fit India Quiz**

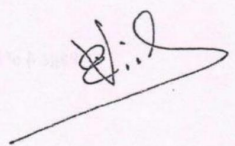
The Fit India Quiz is primed to be the first-of-its-kind nation-wide quiz on fitness and sports for school children. The quiz will have representations from every State/UT in the country and will be a mix of online and broadcast rounds. The quiz format has been designed in an inclusive manner wherein school students from across the country will get an opportunity to test their fitness and sports knowledge against their peers. The quiz will be open for students from all age groups, but the questions shall be framed in a way that can be easily answered by students of class 8 and above.

Following table provides the summary of phases/rounds involved in the Fit India Quiz:

Phases/Rounds	Description
REGISTRATION AND SCHOOL ROUND	<ul style="list-style-type: none"><li>• The school to hold the first round of selection of students internally and register the selected students for the Preliminary round.</li><li>• Registration for preliminary round will be open to all schools across India.</li><li>• Schools will be required to register minimum 2 students for the quiz on link available on Fit India website (<a href="http://www.fitindia.gov.in">www.fitindia.gov.in</a>). Schools can register more than 2 students. There is no upper limit for number of students to be registered for Fit India Quiz from a single school.</li></ul>

Phases/Rounds	Description															
	<ul style="list-style-type: none"> <li>• The registration fees will be Rs. 225 per student and will be paid by the school at the time of registration. The registration fees shall be applicable for each student and the school shall make the total payment depending on the number of students registered.</li> <li>• The registration and payment by the schools shall be done by clicking the registration link provided on the Fit India website.</li> </ul>															
PRELIMINARY ROUND (NTA ROUND)	<ul style="list-style-type: none"> <li>• Registered students will compete individually on an online platform hosted by NTA (National Testing Agency). The quiz questions shall be framed in a way that can be easily answered by students of class 8 and above.</li> <li>• Provision will be made to have quiz questions in 13 languages- English, Hindi, Tamil, Malayalam, Telugu, Kannada, Marathi, Gujarati, Odiya, Assamese, Bengali, Punjabi and Urdu. However, in case of any discrepancies or invalidation, questions in English / Hindi language will prevail.</li> <li>• The necessary links for accessing the quiz, username, and passwords for nominated individual student will be shared with the school and students before the NTA round.</li> <li>• The quiz under NTA round will be of 45 minutes duration and will consist of 75 multiple choice questions (MCQ). Negative marking will be given for incorrect answers (Each correct answer carries 4 marks and for each wrong answer 1 mark will be deducted).</li> <li>• The NTA round will be taken by individual student through mobile device with Andorid 5 or above and internet connectivity, using the dedicated mobile application. Mobile devices with iOS will not be compatible for the mobile application.</li> </ul> <p><b>Evaluation and Results of NTA round</b></p> <ul style="list-style-type: none"> <li>• The students will be evaluated based on the scores achieved in the NTA round. If more than one student gets the same score, the younger student (age-wise) will rank higher in the merit list.</li> <li>• The school whose student is there in the merit list will qualify for the state round.</li> <li>• Top ranked 8-32 schools from each State/UT will qualify for the next round as per the following table:</li> </ul> <table border="1" data-bbox="635 1451 1204 1630"> <thead> <tr> <th>S. No.</th> <th>Number of Schools participating from State/UT</th> <th>Number of qualified Schools for State/UT round</th> </tr> </thead> <tbody> <tr> <td>1.</td> <td>0-500</td> <td>8</td> </tr> <tr> <td>2.</td> <td>501-2500</td> <td>16</td> </tr> <tr> <td>3.</td> <td>2501-5000</td> <td>24</td> </tr> <tr> <td>4.</td> <td>More than 5000</td> <td>32</td> </tr> </tbody> </table>	S. No.	Number of Schools participating from State/UT	Number of qualified Schools for State/UT round	1.	0-500	8	2.	501-2500	16	3.	2501-5000	24	4.	More than 5000	32
S. No.	Number of Schools participating from State/UT	Number of qualified Schools for State/UT round														
1.	0-500	8														
2.	501-2500	16														
3.	2501-5000	24														
4.	More than 5000	32														

Phases/Rounds	Description
	<ul style="list-style-type: none"><li>• If more than one student in the merit list are from the same school, the next student and school will secure a position, making his/her school qualifying for the state round.</li><li>• The qualified school must nominate an additional student from the respective school as quiz partner, based on their discretion, for the State Round to form a team of two quizzers. However, if more than one student from the qualified school is among the top scorers in the NTA round, the second student in the merit list will automatically be a part of the team representing the qualified school in the State Round.</li><li>• Details of the student who has been nominated as quiz partner must be entered in on Fit India website by the qualified school along with the bank details of the school and the students participating in the further rounds.</li><li>• The students appearing in the preliminary round will get participation certificate. The recognition will be given to the schools having maximum participation.</li></ul>
STATE ROUND	<ul style="list-style-type: none"><li>• State Round will have 8-32 teams from qualified schools participating on a customized digital platform.</li><li>• Format: Depending on the number of teams qualified (8-32 teams), 3-11 rounds will be held to determine the State/UT champion.</li><li>• These rounds will be anchored by a professional quiz master and will be webcast on social media. The quiz could be in mixed language (local as well). Also questions on local sports will also be asked.</li><li>• Total of 36 school teams i.e., one team per State/ UT will move to the National Round.</li></ul>
NATIONAL ROUND	<p><b>National Round shall consist of Quarter-finals, Semi-finals and Final Rounds-telecast on Star Sports and national television &amp; Webcast on social media channels of Sports Authority of India, Ministry of Youth Affairs and Sports, Star Sports and Fit India.</b></p> <p><b>Quarter Final</b></p> <ul style="list-style-type: none"><li>• 36 teams will be divided into 12 groups of 3 teams each. The 3 teams will compete with each other and the top team from each group (a total of 12 teams) will move to the Semi Final Round.</li><li>• For the remaining 24 teams, 4 best Runner ups will also move to the Semi Final Round</li><li>• A total of 16 teams will therefore qualify for the Semi-Finals.</li></ul> <p><b>Semi Final</b></p> <ul style="list-style-type: none"><li>• The 16 teams who enter the Semi-Finals will be divided into 4 groups of 4 teams each. The winner from each group will move to the National Final Round, which will be telecast on Star Sports. <b>Final</b></li><li>• 4 teams will compete to secure the Top Place of being India's No 1 school in the Fit India Quiz.</li><li>• Winner of the Final round will be declared as National Champion.</li></ul>



The questions in the State and National rounds will also include audio-visual and image-based questions to make the quiz interactive and interesting. Preliminary round will also have image-based questions. The Quiz will have questions from multiple themes as outlined below.

- History of Indian Sports, Traditional Sports and Games, Yoga, Personalities etc
- Fitness topics with special emphasis on Indian traditional fitness methods.
- Olympics, Commonwealth Games, Asian Games, Khelo India Games and other popular sports.

The State and National rounds of the quiz will have innovative concepts such as 'phone a teacher/ parent' etc. to make it fun, interactive and engaging for the audience. The quiz will also have multi-formats featuring buzzer rounds and audio/video recognition round, etc.

#### Prize Structure for Fit India Quiz

The Fit India quiz provides an opportunity for schools and students win cash prizes worth more than Rs 3 Crore. The detailed prize structure for the Fit India Quiz is as below:

<b>Fit India Quiz Budget Estimate</b>		
<b>Prize money to winners</b>		
<b>Particulars</b>	<b>Cash Prize for schools (in INR)</b>	<b>Cash prize for Students* (in INR)</b>
National Champion	25,00,000	2,50,000
1st Runner Up- National Round	15,00,000	1,50,000
2nd Runner Up- National Round	10,00,000	1,00,000
State/UT Champion **	2,50,000	25,000
State/UT 1st Runner Up **	1,00,000	10,000
State/UT 2 <sup>nd</sup> Runner Up**	50,000	5,000
State qualifiers after NTA round***	15,000	2,000
Cash prizes to teachers, principals and parents who will be part of the quiz in various rounds		9,69,000
<b>Total Prize money -----</b>		<b>3,25,00,000</b>

It is suggested that the cash prize may be utilized only for the purpose of promotion of sports and fitness.

\*Awarded to team of 2 students

\*\*Awarded to each State/UT

\*\*\*Awarded to all qualified schools for state round



**Tentative Timeline for the Fit India Quiz**

S. No.	Activity	Start Date	End Date
1	Launch of Fit India Quiz	September 1, 2021	
2	Registrations	September 1, 2021	September 30, 2021
3	Preliminary or NTA Round	October 29, 2021	
4	State Round	December 1, 2021	December 31, 2021
5	National Round	January/February 2022	

**Role of Schools**

- The schools will be the key drivers for the propagation and promotion of the quiz within their respective schools which shall be essential for the greater success and participation from students.
- The schools will be responsible for registering minimum two students for the quiz on the Fit India website and shall ensure fair selection process being carried out for the identifying the students.
- The schools to pay the require registration fee per student.
- The qualified school must nominate an additional student from the respective school as quiz partner, based on their discretion, for the State Round to form a team of two quizzers.
- The schools to adhere to the guidelines as available on the Fit India website.
- Schools to make necessary arrangements in case of travel etc for the students.

**Role of States/UTs**

- States/UTs to ensure wide publicity to Fit India Quiz and encourage to the schools to register and participate in the Fit India Quiz. The information on Fit India Quiz to be shared with all the schools in the state to ensure maximum participation.
- States/UTs to conduct State round in respective states with the support of Fit India Mission and select state/UT champion for National round.
- Event Management agency will be finalised by FIT India Mission.

**Role of Fit India Mission**

Fit India Mission under Ministry of Youth Affairs and Sports, Government of India shall be the chief benefactor for the Fit India Quiz and shall provide all necessary financial support and guidance to the stakeholders. The Fit India Mission will co-ordinate with the concerned state departments and facilitate in providing guidelines and defining SOPs at various stages of the Fit India Quiz. Further details/updates will be published on Fit India website (<https://fitindia.gov.in>) from time to time for the information of the stakeholders and participants.

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